

11 SIMPLE CYBER HYGIENE TIPS

01



Keep all software updated (automatic updates on)

03



Periodically change your passwords

05



Use a data backup solution or regularly back up your data manually

07



Be skeptical of anyone who asks for access to your systems, for whichever reason

09



Frequently check your online bank statements

11



Encrypt your hard drives

02



Use antivirus software with real-time scanning enabled

04



Always use a VPN service when connected to WiFi

06



Be aware of phishing scams

08



Enable two-factor authentication where supported

10



Protect your identity on social media with privacy settings

HEADQUARTERS

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